

Prayer-Walking FAQ

What is prayer-walking?

It is praying for people as you walk through an area. It involves letting God direct you as to whom and what to pray for as you walk. It is called “praying onsite with insight”.

What is the purpose of prayer-walking?

- To intercede for others whom you otherwise would not pray for and to pray in ways you otherwise would not think to pray.
- To ask God’s blessing on people, your neighborhood, your workplace, etc.
- To increase your own awareness of the people and needs of the people and the area.
- To prepare the soil of people’s hearts for the planting of the gospel.
- To encourage your faith as you see at God work in the place(s) you pray.

Where can I prayer walk?

Anyplace people live, work, or spend time.

- Downtown
- Malls/shopping centers
- Neighborhoods
- Schools
- Parks
- Etc.

How do I prayer-walk?

- If you can, find a prayer-walking partner
- Select the place you will walk
- Prepare yourself spiritually before you start
- Go to the area
- Start walking with your spiritual eyes open
- Pray for people, homes, business, etc. you see, asking God to direct your prayers.

Do I have to pray constantly?

If you mean, ‘speaking to God’, then no, part of prayer is listening. So when you are not speaking to God let him speak to you. He can use your mind, your spirit, your eyes, or your ears to speak to you about what is around you.

Do I have to pray out loud?

No. In fact in some situations that would create unwanted attention.

However, when praying out loud would not attract attention, or if you are with a partner, then, yes, pray out loud, though never to draw attention to yourself.

Should I stop and bow my head when I pray?

No. However, there is no reason you couldn't do this if you are in a place that wouldn't draw attention. Otherwise have your eyes open and continue walking as you pray.

What should I pray for?

First, pray for anything God especially impresses you to pray for.

Second, pray for general spiritual awareness, conviction, and for God to draw people to himself.

Pray that people:

- Would be or become aware of God at work around them.
- Would experience spiritual hunger and desire.
- Would become aware of their need for Jesus.
- Would be open to the witness of Christians.
- Would be free from Satan's bondage and blinding so they could seek after God.
- Would be blessed by God and realize those blessings came from him.

Third, pray that Christians in that place will be bold and have opportunities to share Christ with others in that place.

Do I need to pray for each person or home?

No. Keep up a moderate pace and pray as you can for the homes and people you see.

What if someone asks me what I am doing?

Tell them you are praying for the people who live/work/go to school there. Ask, "Can I pray for anything for you?"

How can I get a list of my neighbors' names?

Go to <https://app.blesseveryhome.com/> and select "Be a Light". Follow the instructions to sign up and select the homes in your neighborhood you'll pray for. You'll get a notice on your phone of who to pray for each day that will include their names and addresses. You'll also get to see a map of your neighborhood with the names in each home.